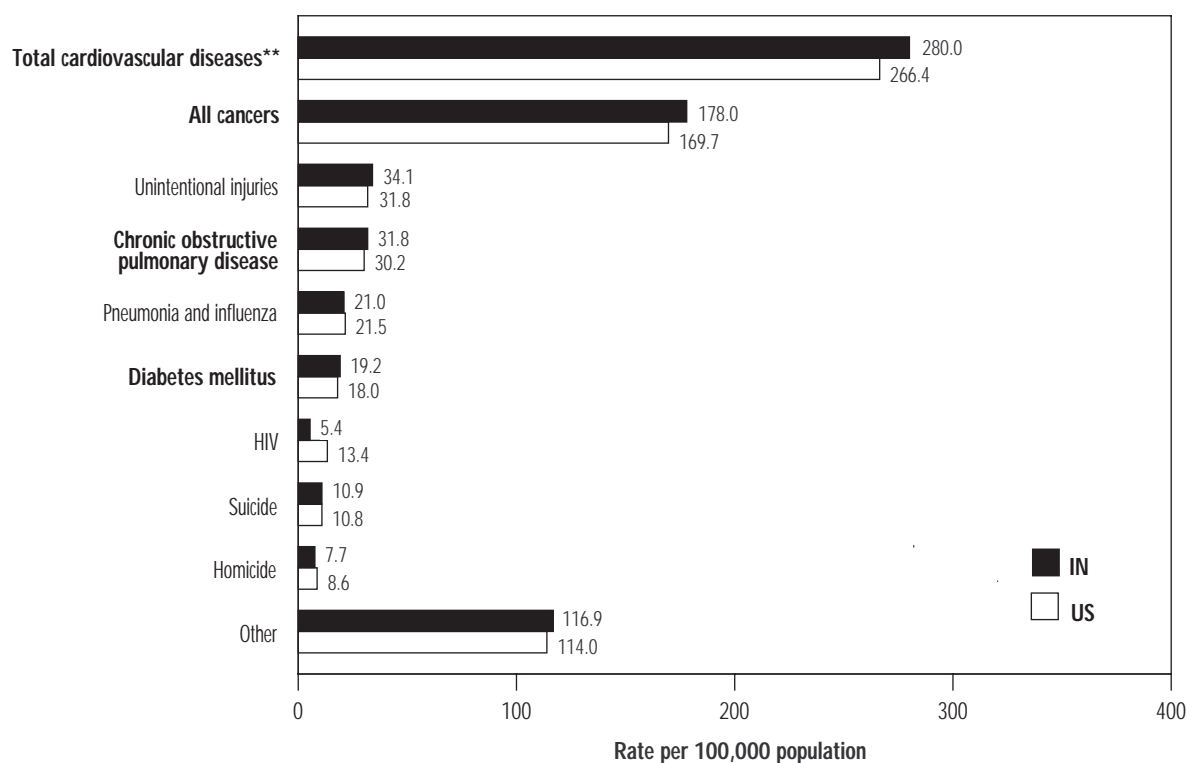


Indiana: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Indiana, all cancers are the second most common cause, chronic obstructive pulmonary disease is fourth, and diabetes is sixth.
- In 1995, 73% of all deaths in Indiana were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, chronic obstructive pulmonary disease, and diabetes were higher in Indiana than in the United States.

Causes of Death, Indiana Compared With United States, 1995*



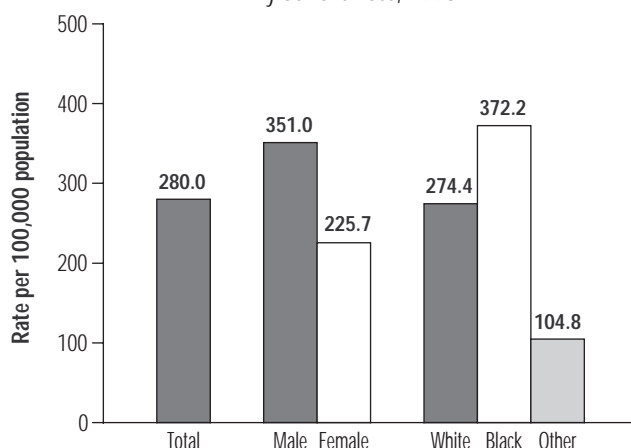
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (148.3 per 100,000 in Indiana and 135.2 per 100,000 in the United States) and rates of death due to stroke (47.3 per 100,000 in Indiana and 42.5 per 100,000 in the United States).

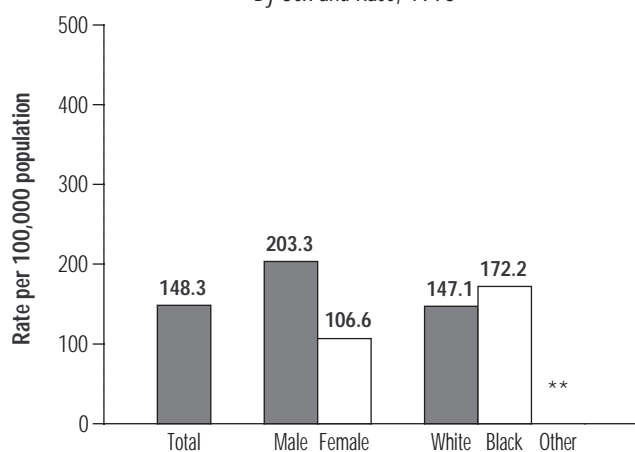
Indiana: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Indiana, accounting for 40% of all deaths.
- Ischemic heart disease accounted for 53% of all cardiovascular disease deaths in Indiana in 1995; 11,692 people in Indiana died of ischemic heart disease.
- In 1995, 3,996 people in Indiana died of stroke.

Indiana: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995

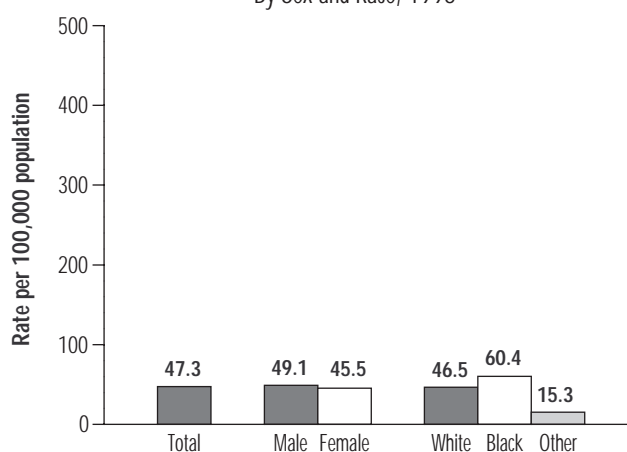


Indiana: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Indiana: Stroke Death Rates
By Sex and Race, 1995



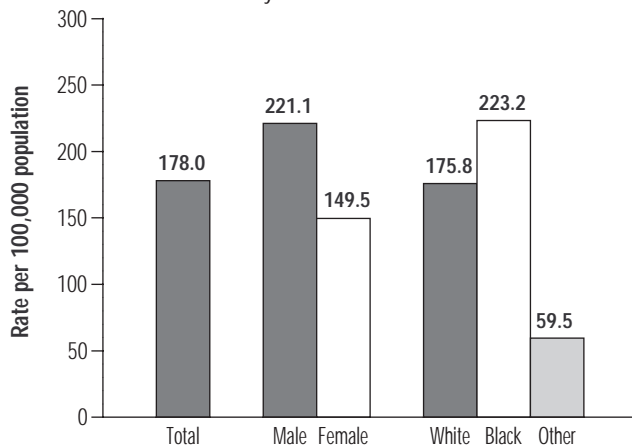
Note: All data are age adjusted, 1970 total U.S. population.

Indiana: Cancer

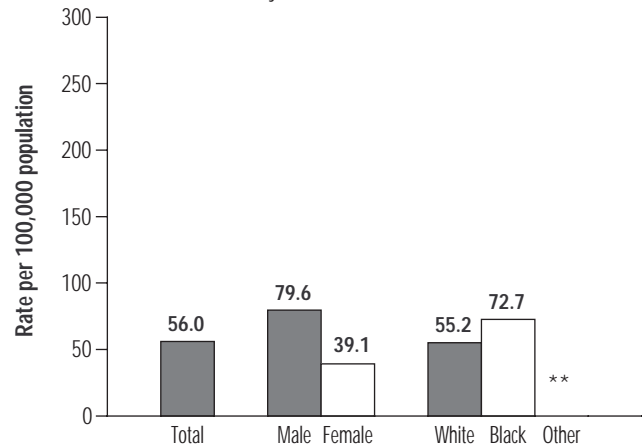
- Cancer accounted for 25% of all deaths in Indiana in 1995; 12,554 people in Indiana died of cancer.
- In Indiana in 1995, 3,813 people died of lung cancer, 1,378 people died of colorectal cancer, and 986 women died of breast cancer.

- The American Cancer Society estimates that 4,400 new cases of lung cancer, 3,100 new cases of colorectal cancer, and 4,000 new cases of breast cancer will be diagnosed in Indiana in 1997.

Indiana: All Cancer Death Rates
By Sex and Race, 1995

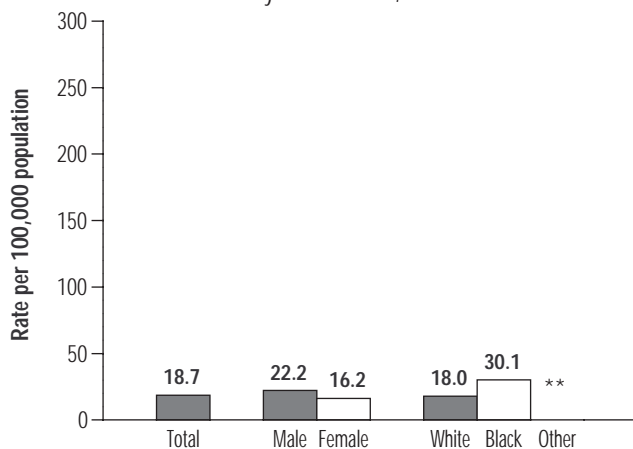


Indiana: Lung Cancer Death Rates
By Sex and Race, 1995



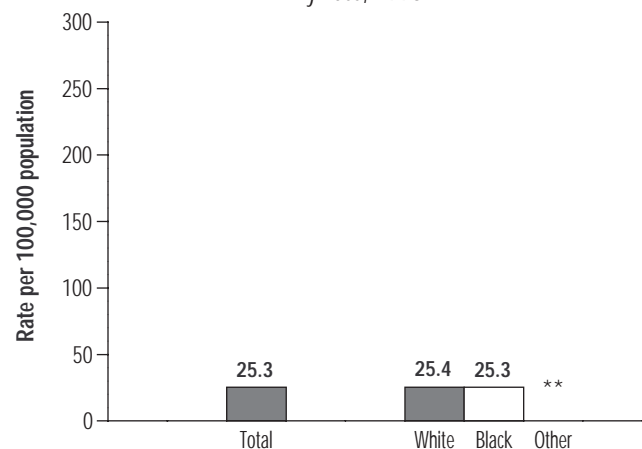
**Too few numbers to analyze.

Indiana: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Indiana: Breast Cancer Death Rates Among Women
By Race, 1995

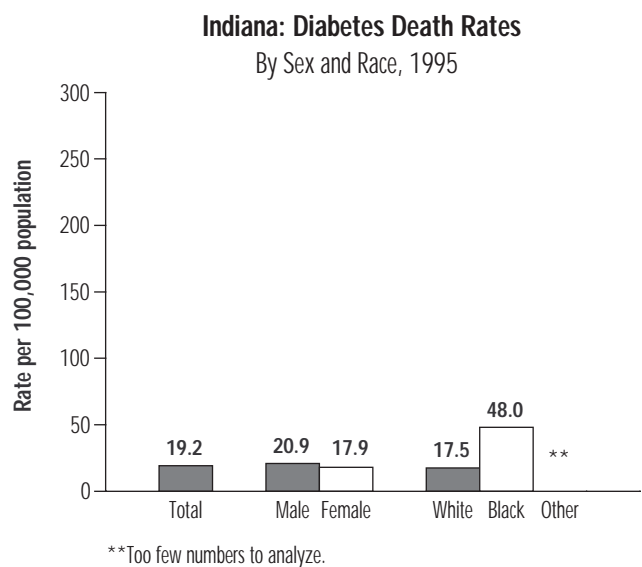


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Indiana: Diabetes

- In 1994, 179,346 adults in Indiana had diagnosed diabetes.
- Diabetes was the underlying cause of 1,437 deaths in Indiana in 1995.
- In 1993, diabetes was the most common contributing cause of 319 new cases of end-stage kidney disease in Indiana.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

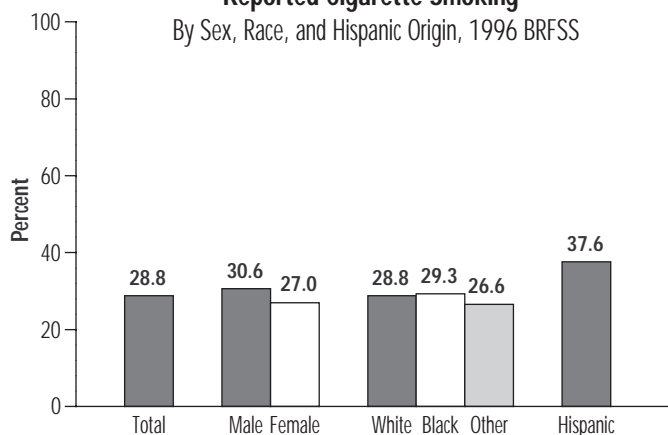


Note: All data are age adjusted, 1970 total U.S. population.

Indiana: Risk Factors

Indiana: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

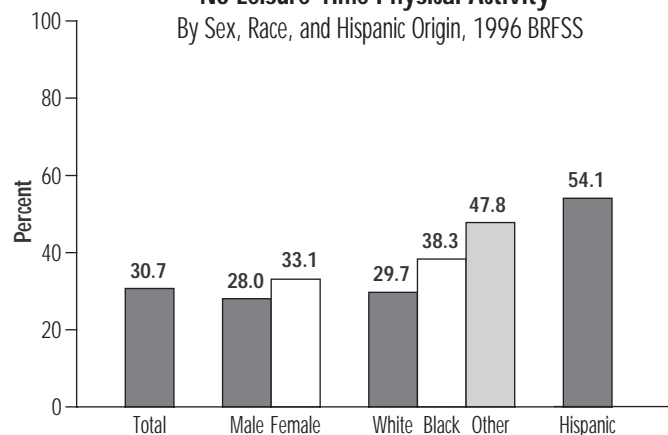
Indiana: Percentage of High School Students Who Reported Cigarette Smoking

By Sex, 1995 YRBSS

YRBSS data not available

Indiana: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

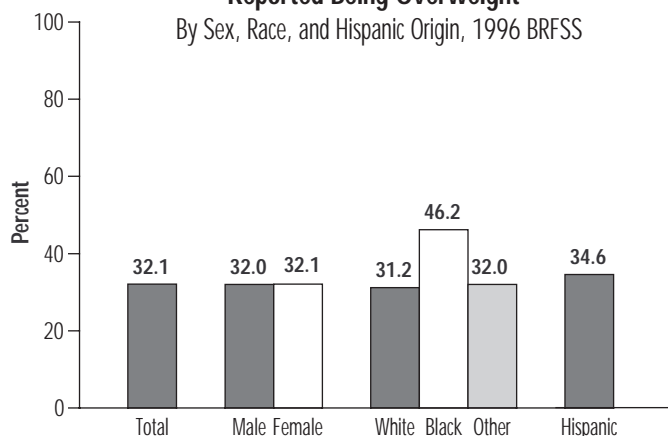
Indiana: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS

YRBSS data not available

Indiana: Percentage of Adults Who Reported Being Overweight*

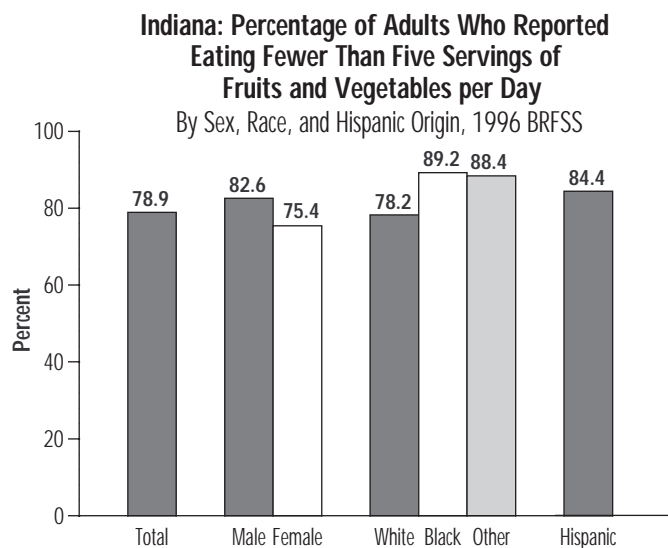
By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

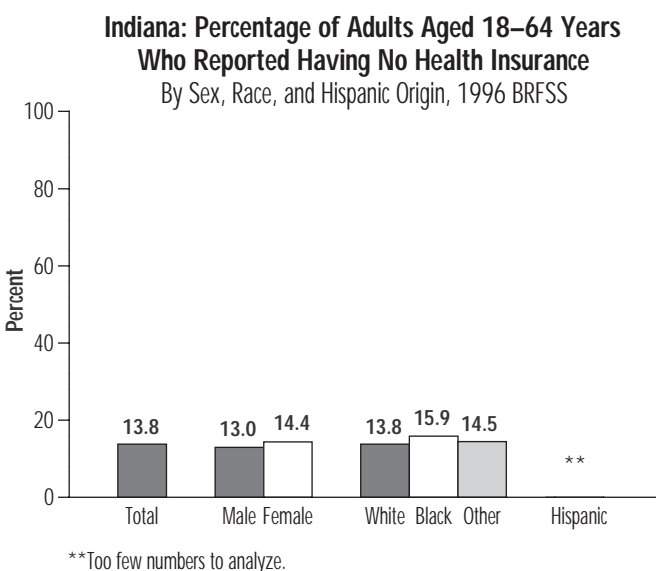
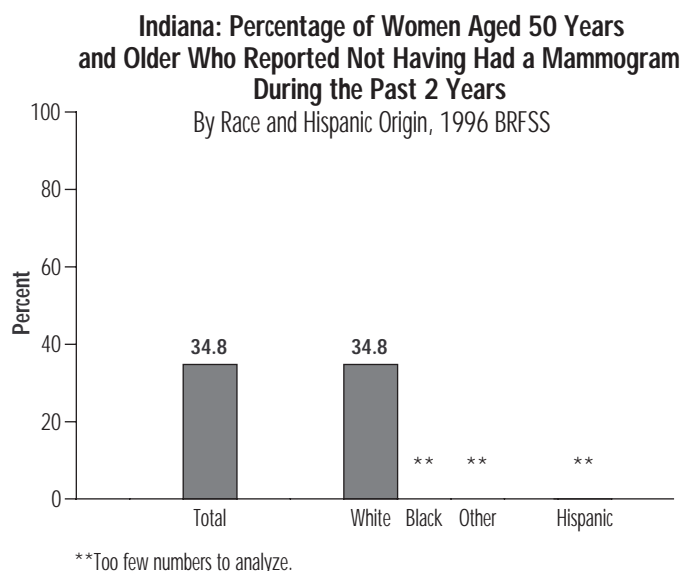
Indiana: Risk Factors



Indiana: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey
By Sex, 1995 YRBSS

YRBSS data not available

Indiana: Preventive Services



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.